

## **Lifemusic Method**

The funding for the dissemination phase of the Lifemusic Method was allocated to four broad areas of development:

- Consolidation of Knowledge Exchange Partnerships
- Social Enterprise Business Development
- Training, Accreditation
- Links with other institutions

Building on the activities of the past three years, five partnerships were further developed through a process which cemented the appreciation of the value of the Lifemusic approach to well-being and simultaneously established firmer foundations for sustainable activity. The five selected partners represented complementary areas of community activity:

- Schools and Education (Littlehampton Academy)
- Social Care – Adults with Disabilities (Wrenford Centre, Chichester)
- Mental Health (St. James Hospital Portsmouth)
- Neuro-rehabilitation (Donald Wilson House)
- Asylum Seekers (Active Arts, Southampton/Portsmouth)

The University of Chichester funded a business development manager for nine months to create a viable sustainability plan for Lifemusic as a social enterprise. This activity included design, printing and dissemination of materials (leaflets etc.), website development ([www.lifemusic.org](http://www.lifemusic.org)) fundraising, facilitation of community links and budgetary planning.

The Lifemusic training programme was further developed with a level 2 training programme (at the request of the current practitioners) with a new focus on continuing professional development for teachers. Accreditation for the training from an external body was also sought.

During the course of the project successful links were made with Universities in Sunderland, Aberdeen, Goldsmiths, London and Winchester and these have

been further developed through ongoing contact and visits to present and demonstrate the work.

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